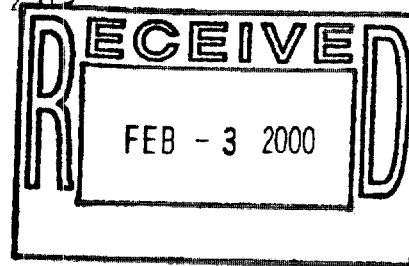


*Andrew Lessman's*  
**WINNING COMBINATION™**  
The Informed Choice for Nutritional Supplements

January 26, 2000

Director  
Special Nutritionals  
Center for Food Safety and Applied Nutrition  
FDA  
200 C Street S.W.  
Washington, DC 20204

176040629 P2:13



**RE: Fat Control Meal Repair Packets**

Dear Sir / Madam:

This is a 30-day notification for a dietary supplement. The product name is **Fat Control Meal Repair Packets**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

The first rule in weight-loss is to reduce the fat you eat. **Fat Control** accomplishes this with a natural healthy fiber called Chitosan, which has the remarkable ability to hold on to dietary fat, so even after you've eaten a fatty meal, Chitosan can block the absorption of some of that fat. Studies have shown that the Chitosan in one packet of **Fat Control** can block the absorption of over 100 calories of fat!

Weight-loss also requires that you reduce your caloric intake, requiring the self-control necessary to eat smaller meals. **Fat Control** helps you do this with a standardized extract of the Garcinia Cambogia fruit (HCA). Taken before a meal, this natural, non-stimulant appetite suppressant helps you eat less without the negative side effects associated with diet pills.

The latest research confirms the importance of limiting carbohydrate intake. Weight-loss experts now consider carbohydrate the major cause of overweight in our "low-fat" society. This stems from "dieters" replacing the fat in their diet with carbohydrates, which are easily converted to body fat. The Garcinia in each **Meal Repair Packet** can reduce the conversion of the carbohydrate you eat into unwanted body fat.

Carbohydrates can also cause an "insulin-effect" which results in greater fat storage, so **Fat Control** supports healthy carbohydrate and insulin metabolism with special forms of the trace minerals Chromium and Vanadium. **Fat Control** also helps maximize fat-burning by delivering high levels of the B-Complex vitamins, Vitamin C and Lysine.

Respectfully Submitted,

Rob Maltas  
Director, Product Development

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